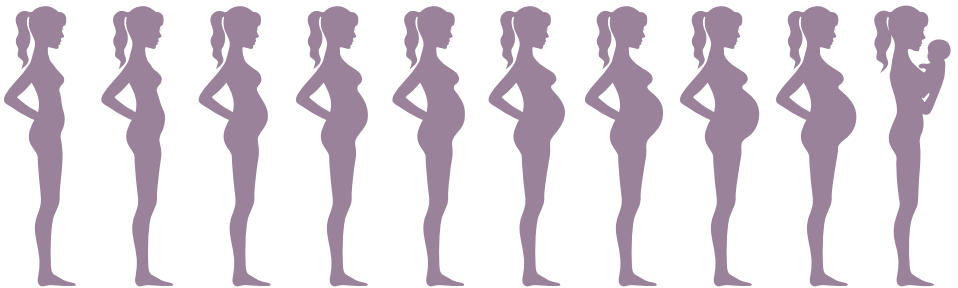




ORANGE COAST
WOMEN'S
MEDICAL GROUP

PRENATAL APPOINTMENT TIMELINE

PREGNANCY STAGES



1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40

I Trimester

II Trimester

III Trimester

Birth

Week

- 7-9** A transvaginal ultrasound will be performed based on the first day of your last period; during this time the tech will confirm pregnancy. A pregnancy confirmation visit will be scheduled with your doctor which will then confirm your due date after reviewing the ultrasound report and menstrual history. You will receive information/pamphlets to review different types of prenatal testing options.
- 10-11** OB work-up visit will include physical examination. At that time your physician will begin documenting and tracking your blood pressure, weight, and test your urine for protein and glucose. Prenatal blood work will be performed which may include any genetic screening tests that you have opted for. A video will be provided in office regarding the types of Genetic Testing offered. You may also view this video on our website.
- 12-13** If you have decided on state sequential screening, then an NT (Nuchal Translucency) ultrasound is performed as part of the state screening for Down syndrome. The ultrasound is combined with the 1st sequential blood test for an integrated screen risk.
- 16** If required, the 2nd part of Sequential Screen or California Alpha Feto Protein (AFP) blood test will be drawn.
- 20** Fetal Anatomy Survey ultrasound will be completed at this time. Information about birthing classes and parenting classes at the Women's Hospital at Saddleback Memorial Care will be given to you. Registration for a class that occurs 1-2 months prior to your due date is recommended.
- 24** Information provided on Glucose screening for next visit. Cord Blood Information is also provided. A video is available on our website on this important decision.
- 28** A One Hour Glucola Test should be done at this time. A Complete Blood Count test and an Antibody screen (if you are RH negative) test will also be included. If planning Cord Blood collection at birth, contact your chosen Cord Blood Bank and register now. Office visits are now every 2 weeks.

Week

- 28-30** RhoGam injection will be given if you are Rh negative. A pediatrician list will be giving at this time. Begin interviewing and selecting a pediatrician.
- 30-32** Pre-admission form should be completed and delivered to the Women's Hospital at Saddleback Hospital's Patient Admissions Office.
Choose your pediatrician.
TDAP vaccination offered (protects baby from whooping cough)
- 36** Weekly office visits will begin.
Weekly pelvic examination will begin and continue until delivery.
Vaginal Beta Strep culture will be done at this time.
Newborn Screening booklet will be given.
Labor Instructions provided.
- 41** Non Stress Testing (NST) and Ultrasound will begin for evaluation of post dates